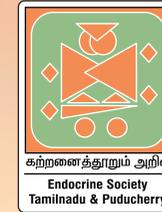


ESICON 2026 Chennai

You are invited!



55th Annual Conference of the
Endocrine Society of India
22nd - 25th Oct, 2026
Chennai Trade Center, Chennai

 www.esicon2026.com

 +91 94980 41000

55TH ANNUAL CONFERENCE OF THE ENDOCRINE SOCIETY OF INDIA



Dear Respected colleagues, Vanakkam !

It gives us immense pleasure to invite you to the **55th Annual Conference of the Endocrine Society of India - ESICON 2026**, to be held from **October 22nd to 25th, 2026**, at the **Chennai Trade Center, Chennai**. This prestigious conference is being organized under the auspices of the Endocrine Society of Tamil Nadu and Puducherry. As one of the most anticipated academic events in Indian endocrinology, **ESICON 2026** aims to disseminate the latest, evidence-based knowledge in Endocrinology and Diabetes to a wide audience that includes: Endocrinologists, Endocrine Surgeons, Nuclear Medicine Specialists, Physicians, Gynecologists, General Practitioners and all allied specialists interested in endocrine sciences. The four-day scientific programme will feature a comprehensive mix of: Plenaries, keynote lectures, symposia, clinical case seminars, debates, workshops and meet the expert sessions.

The agenda is designed to cater to diverse learning preferences, offering a rich educational experience in a format that each participant can engage with meaningfully. We are proud to bring together celebrated national and international faculty, who will share their expertise, cutting-edge research and real-world clinical insights - all from an Indian perspective. We anticipate an attendance of over 3,000 medical professionals from across the country, making this one of the largest gathering of endocrine specialists in India.

ESICON 2026 promises not only an academic feast but also a memorable cultural and culinary journey in this vibrant city. We wholeheartedly welcome you to be a part of **ESICON 2026**, Chennai - an event that will bring together great minds and warm hearts in a celebration of science, learning and collaboration. For any queries about the program or your participation, please feel free to contact us or any member of the ESTN team. We look forward to welcoming you to Chennai!

Warm regards,

Dr. Muthukumaran Jayapaul
Organizing Secretary

Dr. Krishna Seshadri
Organizing Chairperson



55TH ANNUAL CONFERENCE OF THE ENDOCRINE SOCIETY OF INDIA



ESICON 2026 - Organizing Committee

Mentor's Committee



Dr. Murthy S
(Convenor)



Dr. Nihal Thomas



Dr. Seshadri M S



Dr. Sridhar S



Dr. Sundararaman PG



Dr. Thomas V Paul



Dr. Usha Sriram

Office Bearers



Dr. Krishna G Seshadri
Program Chair



Dr. Jayashree Gopal
Program Vice-Chair



Dr. Muthukumaran Jayapaul
Organizing Secretary



Dr. Vijaya Bhaskar Reddy
Joint Organizing Secretary



Dr. Anjali Sathya
Joint Organizing Secretary



Dr. Shriram Mahadevan
Joint Chair - Science



Dr. Kumaravel Velayutham
Joint Chair - Science



Dr. Dukhabandhu Naik
Finance Secretary



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ESICON 2026 - Organizing Committee

Organizing Committee Members

Dr. Bharath Ramji
Dr. Felix Jebasingh
Dr. Rajesh Rajendran
Dr. Usha Ayyagari

Dr. Manikandan R M
Dr. Nitin Kapoor
Dr. Warun Kumar M R
Dr. Sruthi Chandrasekaran

Dr. Shanmugasundar G
Dr. Sridhar Subbiah
Dr. Velayutham P
Dr. Nivethitha Karthika L

Office Bearers

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Dr. Leelavathy K : Co-ordinator
Dr. Manikandan R M
Dr. Joel Franklin F
Dr. Jaya Prakash Sahoo
Dr. Sivan Arul Selvan S
Dr. Raghuraman R
Dr. Soumya S L
Dr. Suresh Damodharan

Hospitality Committee

Dr. Sathian Raghavan : Co-ordinator
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Dr. Senthilraja M
Dr. Srinivasan R
Dr. Velayutham P
Dr. Senthilkumar R
Dr. Arulprakash Rajadurai

Science Committee (A)

Dr. Shriram Mahadevan
Dr. Felix Jebasingh : Co-ordinator
Dr. Sridhar Subbiah
Dr. Sadishkumar Kamalanathan
Dr. Anjali Sathya
Dr. Adlyne Reena Asirvatham
Dr. Arun Viswanath
Dr. Durairaj Arjunan

Science Committee (B)

Dr. V. Kumaravel : Co-ordinator
Dr. Jayashree Gopal
Dr. Shriram Mahadevan
Dr. Sadishkumar Kamalanathan
Dr. Sridhar Subbiah
Dr. Thiyagarajan
Dr. Kripa Elizabeth Cherian
Dr. Anand K Annamalai

Communication Committee

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Dr. Rajesh Rajendran
Dr. Prem Kumar A
Dr. Rameez Raja B
Dr. Priyadarshini R
Dr. Vignesh G

Publications Committee

Dr. Jayashree Gopal : Co-ordinator
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Dr. Geethalakshmi S
Dr. Nivethitha Karthika L
Dr. Remya Rajan
Dr. Vidhya Rajeev Jahagirdar
Dr. Priyanka Vignesh

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Dr. Sruthi Chandrasekaran : Co-ordinator
Dr. Ghurulakshmi Moorthy
Dr. Anjali Sathya
Dr. Arulnathan A
Dr. Usha Ayyagari
Dr. Vijay Bhaskar Reddy
Dr. Palanivel S

Food committee

Dr. Narayanan N K : Co-ordinator
Dr. Bharath R
Dr. Ravikiran M
Dr. Suresh Prabu R
Dr. Prasad Rao L
Dr. Sakthivel S



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International Faculty



Dr. Arutchelvam Vijayaraman
Consultant in Endocrinology & Diabetes
James Cook University Hospital, UK



Prof. Ashley Grossman
Emeritus Prof. of Endocrinology
University of Oxford, UK



Prof. Barbara McGowan
Prof. of Diabetes and Endocrinology
Guy's & St Thomas' Hospital, London, UK



Prof. Hiroshi Arima
Prof. of Endocrinology & Diabetes
Nagoya University, Japan



Prof. Mark Gurnell
Prof. of Endocrinology
University of Cambridge, UK



Prof. Pankaj Shah
Prof. of Endocrinology
Mayo Clinic, Rochester, USA.



Prof. Pappachan M Joseph
Consultant in Endocrinology & Diabetes,
Countess of Chester Hospital, UK



Dr. Ravi Kumar Balasubramanian
Associate Professor of Medicine
Harvard Medical School, Boston, USA



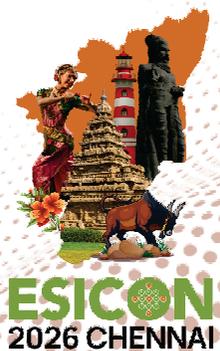
Prof. Richard Quinton
Professor of Endocrinology
Imperial College London, UK



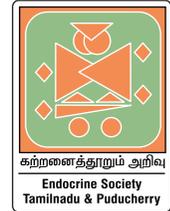
Prof. Rohit Kulkarni
Prof. of Medicine
Harvard Medical School, USA



Prof. Simon Pearce
Prof. of Endocrinology
Newcastle University, UK



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Scientific Programme - ESICON 2026

The **ESICON 2026 scientific programme** has been meticulously designed to reflect the full scope and ongoing advances in **Endocrinology and Diabetes**, with content curated to meet the needs of a diverse audience, including Endocrinologists, Physicians, Endocrinology trainees, early-career academicians and researchers. The conference will host over **15 internationally renowned experts** alongside approximately 250 eminent national faculty members, offering perspectives that span the translational spectrum - from fundamental research to real-world clinical practice. Over four days, ESICON 2026 will deliver an intensive academic experience featuring **keynote addresses, prestigious orations, plenary lectures, thematic symposia, case-based panel discussions and structured debates**. The programme covers endocrine disorders across the entire life course, with a strong emphasis on relevance and applicability within the Indian healthcare context.

Key Scientific Themes

- Obesity: from translational science to clinical management
- Diabetes across the life span, including atypical and complex forms
- Critical care endocrinology
- Pituitary and adrenal disorders
- Dyselectrolytemias
- Metabolic bone diseases
- Endocrine dysfunctions associated with systemic therapies

Special Symposia

- Controversies in Obesity
- Should remission be a part of Type 2 DM management?
- MASLD: Bench to bedside
- Dyslipidaemia: challenges in management
- Non-diabetic hypoglycaemia
- Diabetes in young
- Osteoporosis: Gen Z to Geriatrics
- Fracture risk assessment
- Evaluation of short stature
- Pubertal induction

Workshops

- Insulin pump and Closed loop systems
- Genetics & molecular endocrinology
- Nuclear Imaging in endocrinology
- Setting up endocrine lab
- Endocrine career as a future
- Clinical-radio-pathological correlation

Debates

- Are we over-treating Gestational Diabetes?
- Should all micropapillary carcinomas undergo surgery?
- Do HbA1c targets matter anymore?

Plenary & Keynote lectures

- What's on the horizon for Graves' disease management
- From pathophysiology to management of primary adrenal insufficiency
- Primary aldosteronism: recent updates
- Pheochromocytoma - paraganglioma: updates
- Hypogonadism: from genetics to clinics
- Anabolic steroid-induced male hypogonadism.
- Cushing's syndrome (diagnosis, treatment & newer therapies)

Clinical Case Seminars

- Recurrent Cushing syndrome
- PCOS mimics
- Non-Classic Congenital Adrenal Hyperplasia
- Hypophysitis spectrum
- Challenging prolactinomas
- Male subfertility
- Shift workers: endocrine issues



ESICON
2026 CHENNAI

55TH ANNUAL CONFERENCE OF THE ENDOCRINE SOCIETY OF INDIA



REGISTRATION FORM

Registration No.

Receipt No.

(For Office use only)

PERSONAL DETAILS (Please fill in CAPITAL LETTERS only)

Title: Dr Prof Mr Mrs Ms

First Name: _____ Last Name: _____ Gender: Male Female

Address: _____ City: _____ Pin Code: _____

Institution/Company: _____ Ph: _____

Mobile: _____ Email: _____ Med Council Reg No: _____ State: _____

Category	Up to 15th April 2026	16th April - 30th Sept. 2026	1st October - Spot Registration
ESI Member	<input type="checkbox"/> ₹ 8000	<input type="checkbox"/> ₹ 12000	<input type="checkbox"/> ₹ 15000
Non-member	<input type="checkbox"/> ₹ 10000	<input type="checkbox"/> ₹ 15000	<input type="checkbox"/> ₹ 20000
PG Student	<input type="checkbox"/> ₹ 6000	<input type="checkbox"/> ₹ 10000	<input type="checkbox"/> ₹ 12000
Accompanying Person	<input type="checkbox"/> ₹ 6000	<input type="checkbox"/> ₹ 10000	<input type="checkbox"/> ₹ 12000
International Delegate	<input type="checkbox"/> \$ 200	<input type="checkbox"/> \$ 400	<input type="checkbox"/> \$ 600

PAYMENT DETAILS

DD/Cheque No: _____ Date: _____ Amount (₹) _____ In words: _____

Bank & Branch Name : _____

Name : _____ Designation: _____ Date: _____

- N.B:** 1. Post-graduates should furnish a proof of his/her status from the Head of department/Institution.
2. Payments may be made in DD/Cheque payable at Puducherry in favor of "ESICON 2026 CHENNAI".
3. Cancellation of registration is permitted only up to 1st October 2026. 50% of the registration fee will be refunded only after the conference.
4. Registered delegates are entitled for attending Scientific Sessions, Inaugural programme, Trade exhibition, Lunches/Dinners and a Delegate kit.
5. Rights of admission reserved.

Online Registration @

Kindly send the duly filled form at the below address:

Conference secretariat: **Arka Center for Hormonal Health Pvt Ltd**
5/2, First Avenue, Sastri Nagar, Adyar, Chennai - 600 020. | Mobile: 94980 41000
Email: esicon2026@gmail.com | Website: www.esicon2026.com



Signature & Stamp



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The Endocrine Society - Tamil Nadu and Puducherry



The Endocrine society of Tamil Nadu and Puducherry (ESTN) was formed in 2013 with an aim to spread awareness about the specialty to the public and work towards helping Endocrinologists, Physicians and other allied specialists an opportunity to network, further knowledge and practice evidence-based medicine. The society has now evolved into a dynamic platform that facilitates continuous professional development through academic programs, annual conferences, workshops and scientific symposia. It actively encourages knowledge exchange, evidence-based practice and collaboration among specialists, thereby ensuring that patients receive the most advanced and compassionate endocrine care. The Endocrine society of Tamil Nadu and Puducherry is committed to strengthening both clinical and community awareness on a wide spectrum of endocrine diseases including Diabetes, Thyroid disorders, Obesity, Pituitary, Adrenal disorders, Metabolic bone diseases, Reproductive endocrinology, Paediatric endocrine issues and lifestyle-related metabolic challenges.

ESTN's flagship activity is the Annual Professional Endocrine Conference of the affiliate, most popularly called as **TRENDO** which brings together leading experts, clinicians and researchers to share advancements in Endocrinology and Diabetes, which has one of the largest delegate gathering in India. The conference serves as a collaborative hub, fostering networking, scientific exchange and multidisciplinary learning. **ENRICH** represents ESTN's continuous medical education platform designed to update post-graduates in training and young doctors annually through focused sessions in specialised areas of Endocrinology since 2015. Its modular structure ensures reach to physicians in training across multiple levels, enhancing knowledge accessibility to the grassroots level.

ESICON 2026 will represent the 55th Annual Conference of the Endocrine Society of India. ESTN as one of the earliest affiliates of the Endocrine Society of India is honoured to host **ESICON2026** in Chennai, This conference is conducted with a view to spread up-to-date evidence based knowledge in Endocrinology & Diabetes to Endocrinologists, Senior Physicians, specialists with allied interest such as Gynecologists and Pediatricians.

Current Office Bearers

President : Dr. Muthukumaran Jayapaul
Vice Presidents : Dr. Jayashree Gopal
Dr. Suresh Damodharan
Secretary : Dr. Vijaya Bhaskar Reddy
Treasurer : Dr. Dukhabandhu Naik

EC Members

Dr. Kumaravel V
Dr. Shriram Mahadevan
Dr. Bharath R
Dr. Usha Ayyagari
Dr. Sridhar S
Dr. Geethalakshmi
Dr. Jayaprakash Sahoo
Dr. N. K. Narayanan
Dr. Nivethitha Karthika
Dr. Prem Kumar

For enquiries regarding
**The Endocrine Society -
Tamil Nadu and Puducherry**
Contact : Dr. Vijaya Bhaskar Reddy
E-mail : estnendo@gmail.com

ESICON 2026 Chennai

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**55th Annual Conference of the
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22nd - 25th Oct, 2026

Chennai Trade Center, Chennai



To

Conference secretariat:

Arka Center for Hormonal Health Pvt Ltd

5/2, First Avenue, Sastri Nagar, Adyar, Chennai - 600 020.

Mobile: 94980 41000 | Email: esicon2026@gmail.com

Website: www.esicon2026.com



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