



ESICON

2026 CHENNAI

55th Annual Conference of
the Endocrine Society of India



22nd - 25th
Oct, 2026



Chennai Trade
Center, Chennai

For Enquiries:



55TH ANNUAL CONFERENCE OF THE ENDOCRINE SOCIETY OF INDIA



Dear Respected colleagues,

Vanakkam !

It gives us immense pleasure to invite you to the **55th Annual Conference of the Endocrine Society of India - ESICON 2026**, to be held from **October 22nd to 25th, 2026**, at the **Chennai Trade Center, Chennai**. This prestigious conference is being organized under the auspices of the Endocrine Society of Tamil Nadu and Puducherry. As one of the most anticipated academic events in Indian endocrinology, **ESICON 2026** aims to disseminate the latest, evidence-based knowledge in Endocrinology and Diabetes to a wide audience that includes: Endocrinologists, Endocrine Surgeons, Nuclear Medicine Specialists, Physicians, Gynecologists, General Practitioners and all allied specialists interested in endocrine sciences. The four-day scientific programme will feature a comprehensive mix of: Plenaries, keynote lectures, symposia, clinical case seminars, debates, workshops and meet the expert sessions.

The agenda is designed to cater to diverse learning preferences, offering a rich educational experience in a format that each participant can engage with meaningfully. We are proud to bring together celebrated national and international faculty, who will share their expertise, cutting-edge research and real-world clinical insights - all from an Indian perspective. We anticipate an attendance of over 3,000 medical professionals from across the country, making this one of the largest gathering of endocrine specialists in India.

ESICON 2026 promises not only an academic feast but also a memorable cultural and culinary journey in this vibrant city. We whole heartedly welcome you to be a part of **ESICON 2026**, Chennai - an event that will bring together great minds and warm hearts in a celebration of science, learning and collaboration. For any queries about the program or your participation, please feel free to contact us or any member of the ESTN team. We look forward to welcoming you to Chennai!

Warm regards,

Dr. Muthukumaran Jayapaul
Organizing Secretary

Dr. Krishna Seshadri
Organizing Chairperson

Dr. Jayashree Gopal
Program Vice-Chair

Dr. Vijaya Bhaskar Reddy
Joint Organizing Secretary

Dr. Anjali Sathya
Joint Organizing Secretary



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ESICON 2026 - Organizing Committee

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Dr. Murthy S
(Convenor)



Dr. Nihal Thomas



Dr. Seshadri M S



Dr. Sridhar S



Dr. Sundararaman PG



Dr. Thomas V Paul



Dr. Usha Sriram

Office Bearers



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Program Chair



Dr. Jayashree Gopal
Program Vice-Chair



Dr. Muthukumaran Jayapaul
Organizing Secretary



Dr. Vijaya Bhaskar Reddy
Joint Organizing Secretary



Dr. Anjali Sathya
Joint Organizing Secretary



Dr. Shriraam Mahadevan
Joint Chair - Science



Dr. Kumaravel Velayutham
Joint Chair - Science



Dr. Dukhabandhu Naik
Finance Secretary



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Organizing Committee Members

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Dr. Rajesh Rajendran
Dr. Usha Ayyagari

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Dr. Nitin Kapoor
Dr. Warun Kumar M R
Dr. Sruthi Chandrasekaran

Dr. Shanmugasundar G
Dr. Sridhar Subbiah
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Dr. Joel Franklin F
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Dr. Suresh Damodharan

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Dr. Senthilraja M
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Dr. Arulprakash Rajadurai

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Dr. Sadishkumar Kamalanathan
Dr. Anjali Sathya
Dr. Adlyne Reena Asirvatham
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Dr. Durairaj Arjunan

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Dr. Rameez Raja B
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Dr. Sakthivel S



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International Faculty



Dr. Arutchelvam Vijayaraman
Consultant in Endocrinology & Diabetes
James Cook University Hospital, UK



Prof. Ashley Grossman
Emeritus Prof. of Endocrinology
University of Oxford, UK



Prof. Barbara McGowan
Prof. of Diabetes and Endocrinology
Guy's & St Thomas' Hospital, London, UK



Prof. Hiroshi Arima, MD, PhD
Prof. of Endocrinology & Diabetes
Nagoya University, Japan



Prof. Mark Gurnell
Prof. of Endocrinology
University of Cambridge, UK



Prof. Nelly Pitteloud
Prof. of Endocrinology
University of Lausanne, Switzerland



Prof. Pankaj Shah
Prof. of Endocrinology
Mayo Clinic, Rochester, USA.



Prof. Pappachan M Joseph
Consultant in Endocrinology & Diabetes,
Countess of Chester Hospital, UK



Prof. Richard Quinton
Prof. of Endocrinology
Imperial College London, UK



Prof. Rohit Kulkarni
Prof. of Medicine
Harvard Medical School, USA



Prof. Simon Pearce
Prof. of Endocrinology
Newcastle University, UK



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SCIENTIFIC PROGRAMME

OBESITY SYMPOSIUM FOR PHYSICIANS

Day 1 | 22nd October (Thursday) | Hall - A

Time	Topic	Speaker	Chairperson
11.00 to 11.40 AM	All you need to know about Obesity in 2026		Dr. S. Murthy Dr. K. Shunmugam
11.00 to 11.15 AM	Defining, Measuring and Classifying Obesity in the Indian Context	Dr. Sandeep Kumar	
11.15 to 11.30 AM	What causes Obesity?	Dr. NK Agarwal	
11.30 to 11.40 PM	Discussion		
11:40 to 11.55 PM	The consequences of Obesity	Dr. Ritesh Agrawal	Dr. Abhishek Pandey Dr. Phulrenu Chauhan
11.55 to 12.10 PM	Work up the patient with Obesity	Dr. Sushil Jindal	
12:10 to 12.20 PM	Discussion		
12.20 to 12.40 PM	Monogenic and Childhood Obesity	Dr. Barabara McGowan	Dr. Balaji Chidambaram Dr. Kavitha Sakamuri
12.40 to 01.00 PM	Suspecting and investigating secondary causes in Obesity	Dr. JJ Mukherjee	
01.00 to 01.10 PM	Discussion		
01.10 to 02:00 PM - Lunch			
02.00 to 02.20 PM	Lifestyle changes in Obesity: Separating the Myths & Facts	Dr. Sowrabha Bhat	Dr. Debharchan Jena Dr. Mohd. Hayat Bhat
02.20 to 02.40 PM	Medical Therapy: Principles and Therapeutic Outcomes	Dr. Vijay Sekar Reddy	
02.40 to 03.00 PM	Metabolic Surgery: Relevance Who, What & When?	Dr. KD Modi	
03.00 to 03.10 PM	Discussion		
03.10 to 03.30 PM	Medical Therapy for Obesity: Who, What & How?	Dr. Shyam Kalavapalli	Dr. Balram Sharma Dr. G. Vijayakumar
03.30 to 03.50 PM	Medical Therapy: Illustrative Case based examples	Dr. Sunil Kota	
03.50 to 04.00 PM	Discussion and Open House		



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Day 1 | 22nd October (Thursday) | Hall - B

Time	Topic	Speaker	Chairperson
09.00 to 10.30 AM	Workshop 1 (Trainee) Clinical Reasoning in Endocrinology.	Dr. Nisha Bhavani Dr. Ambica Tandon	Dr. Manash Pratim Baruah Dr. Rakesh Kumar Sahay
10.30 to 12.00PM	Workshop 3 (Trainee) Nuclear Imaging in Endocrinology.	Dr. Santhosh Sampath Dr. Anurag Ranjan Lila	Dr. Lokeshwaran MK Dr. Arun Prasanth
12.00 to 1.30 PM	Workshop 5 (Trainee) Cellular Genetics and Molecular Testing in Endocrinology	Dr. Sandeep Mathur Dr. Rohit Kulkarni	Dr. Satinath Mukhopadhyay Dr. Ilangoan Ramachandran
01.30 PM - Lunch and Networking			
02.30 to 4.30 PM	Workshop 7 (Trainee) Manuscript Writing	Dr. GR Sridhar Dr. SV Madhu	Dr. Awadesh Kumar Singh Dr. Deep Dutta
04.30 PM	Close		

Day 1 | 22nd October (Thursday) | Hall - C

Time	Topic	Speaker	Chairperson
09.00 to 10.30 AM	Workshop 2 (Clinicians) Setting up a lab in my endocrine clinic	Dr. KM Prasana Kumar Dr. Madan Godbole Dr. Srikanth Kongara	Dr. Gururaja Rao Dr. Umesh Garg
10.30 to 12.00PM	Workshop 4 (Clinicians) Setting up research in Endocrine Clinics	Dr. Sudeep Chatterjee Dr. A G Unnikrishnan	Dr. Arun Pande Dr. Ameya Joshi
12.00 to 1.30 PM	Workshop 6 (Clinicians) Insulin pumps and closed loop systems	Dr. Rajiv Singla Dr. Arutchelvan	Dr. R. Santosh Dr. Anish Bhel
02.30 to 4.30 PM	Workshop 8 (Clinicians) A Social media presence: Finding the right balance	Dr. Parag Shah Dr. Prem Narayanan	Dr. Venkata Rakesh Chintala Dr. Riyaz Ahamed Misgar
04.30 PM	Close		



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Day 1 | 22nd October (Thursday) | Hall - D

Time	Topic	Speaker	Chairperson
09.30 to 10.30 PM	ISARE - Pituitary Dr. Leelavathy	Dr. Tushar Bandgar, Dr. Rajesh Rajput, Dr. Prathosh. G	
10.30 to 11.30 PM	ISARE - Thyroid : Dr. Anjali	Dr. CM Batra, Dr. Pramila Kalra, Dr. Pramod Gandhi	
11.30 to 12.30 PM	ISARE - Parathyroid Dr. Durairaj & Dr. Vidya	Dr. Padma Menon, Dr. Manoj Chadha, Dr. Thomas Paul	
12.30 to 01.30 PM	ISARE - Diabetes & Obesity Dr. Thiagarajan	Dr. Indra Maisnam, Dr. Swayamsidha Mangaraj, Dr. Aneesh Ahmed	
02.30 to 03.30 PM	ISARE- Adrenal : Dr. Warun Dr. Geethalakshmi	Dr. Bipin Sethi, Dr. Vimal M, Dr. Rajesh Moganti	
03.30 to 04.30 PM	ISARE Growth, Puberty & Gonads : Dr. Niveditha	Dr. Nilanjan Sengupta, Dr. Suresh Vaikarra, Dr. Vijayasarathi	
04.30 PM	Close		

Day 2 | 23rd October (Friday) | Hall - A

Time	Topic	Speaker	Chairperson
09.00 to 09:40 AM	Impact Shorts		
09.00 to 09:10 AM	Selenium and Dysthyroid orbitopathy	Dr. Hridish Narayan Chakravarthi	Dr. Rohit Barnabas Dr. Sunanda Tirupati
09.10 to 09.20 AM	MACS: Where are we now?	Dr. Altamash Shaikh	
09.20 to 09.30 AM	Biotin: Misleading thyroid profile	TBD	
09.30 to 09.40 AM	Discussion		
09.40 to 10.20 AM	Clinical case Seminar : PCOS mimics, NCCAH	Dr. Smitha Nalla Dr. Abhamoni Baro Dr. Vageesh Iyer Dr. Neelaveni Kudunguti Dr. Sudeep K	
10.20 to 10.50 AM	Plenary 1: Modern approach to primary hyperaldosteronism in 2026	Dr. Mark Gurnell	Dr. Sundararaman Dr. K. M. Suryanarayana
10.50 to 11.20 AM	Plenary 2: Current and Future treatment of Graves' disease	Dr. Simon Pearce	

11.20 AM - Tea Break & Networking



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Day 2 | 23rd October (Friday) | Hall - A

Time	Topic	Speaker	Chairperson
11.30 to 12.00 PM	KEYNOTE : Immune check point inhibitors associated Endocrine dysfunction	Dr. Arima Hiroshi	Dr. Usha Sriram Dr. Dwarkanath. C.S
12.00 to 12.40 PM	Oration 1 : Subhash Mukherjee Oration	Dr. Vijaya Sarathi HA	Dr. KM Prasanna Kumar Dr. Manoj Chadha
12.40 to 01.30 PM	Oration 2 : P N Shah Oration	Dr. Pramila Kalra	Dr. G. R. Sridhar Dr. S.V Madhu
01.30 to 02.15 PM - Lunch and Networking			
02.15 to 03.15 PM	Special Symposium : Controversies in Obesity		Dr. Ashish Basu Dr. Purnima Agarwal
02.15 to 02.30 PM	Macronutrients and Obesity Separating the chaff from the wheat	Dr. Rucha J Mehta	
02.30 to 02.45 PM	Metabolically Normal Obesity: Does it exist?	Dr. Shashank Joshi	
02.45 to 03.00 PM	The personal BMI threshold - What is the evidence?	Dr. Sanjay Kalra	
03.00 to 03.15 PM	Discussion		
03.15 to 04.15 PM	Special Symposium : Pituitary		Dr. Somasekar Reddy Dr. Prasun Deb
03.15 to 03.30 PM	Iatrogenic Pituitary Dysfunction	Dr. Sahana Shetty	
03.30 to 03.45 PM	Clinical and imaging correlates in Hypophysitis	Dr. Sachin Chittawar	
03.45 to 04.00 PM	Is Sheehan a consequence of Hypophysitis	Dr. Mohammed Saleem Baba	
04.00 to 04.15 PM	Discussion		
04.15 to 05.00 PM	Clinical Case seminar : Clinical evaluation and management in DSD	Dr. Rajan Palui Dr. V. P. Praveen Dr. Rajesh Khadgawat Dr. Saba Menon Dr. Mohan Shenoy	
05.00 PM	Alumni Reception		



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Day 2 | 23rd October (Friday) | Hall - B

Time	Topic	Speaker	Chairperson
09.00 to 09.40 AM	Impact Shorts		
09.00 to 09.10 AM	Time in Range: The New Clinical Vital sign?	Dr. Riddhi Dasgupta	
09.10 to 09.20 AM	Discordant HbA1c: Glycation Gap	Dr. Kalyani Sridharan	
09.20 to 09.30 AM	C-peptide in Clinical practice	Dr. Sachin Mittal	
09.30 to 09.40 AM	Discussion		
09.40 to 10.20 AM	Clinical Case Seminar : Intractable neuropathy in diabetes	Dr. Emmy Grewal Dr. Mythili Ayyagari Dr. SK Singh Dr. Arpandev Bhattacharya Dr. Ganavi Pattabhi	
10.20 to 10.50 AM	Plenary: Evolving landscape in obesity management	Dr. Barbara McGowan	Dr. Krishna Seshadri Dr. Bashir Laway
10.50 to 11.20 AM	Plenary: Non-diabetic Hypoglycaemia	Dr. Pankaj Shah	
11.20 AM - Tea Break & Networking			
11.30 to 12.00 PM	Keynote: Hall A		
12.00 to 12.40 PM	Oration: Hall A		
12.40 to 01.30 PM	Oration: Hall A		
01.30 PM - Lunch and Networking			
02.15 to 03:15 PM	Industry Symposium : Eli Lilly		
03.15 to 04:00 PM	Industry Symposium : Astra Zeneca		
04.00 to 05:00 PM	Clinical Case Seminar : Recurrent Cushing's syndrome	Dr. Titu Oomen Dr. Ashley Grossman Dr. Anil Bhansali Dr. Ravindra Shukla Dr. Rekha Singh	
05.00 PM	Alumni Reception		



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Day 2 | 23rd October (Friday) | Hall - C

Time	Topic	Speaker	Chairperson
09.00 to 10.10 AM	Oral Presentation - SESSION 1		
10.10 to 11.20 AM	Oral Presentation - SESSION 3		
11.20 AM - Tea Break & Networking			
11.30 to 12.00 PM	Keynote: Hall A		
12.00 to 12.40 PM	Oration: Hall A		
12.40 to 01.30 PM	Oration: Hall A		
01.30 to 02.15 PM - Lunch and Networking			
02.15 to 03.15 PM	Industry Symposium : USV		
03.15 to 04.15 PM	Special Symposium : Fertility		Dr. AK Baliar Sinha Dr. Usha Menon
03.15 to 03.30 PM	Endocrinology of unexplained infertility	Dr. Mala Dharmalingam	
03.30 to 03.45 PM	Challenges - Fertility induction in Male	Dr. Nelly Pitteloud	
03.45 to 04.00 PM	Challenges - Fertility induction in Female	Dr. Richard Quinton	
04.00 to 04.10 PM	Discussion		
04.10 to 05.00 PM	TBD		
05.00 PM	Alumni Reception		

Day 2 | 23rd October (Friday) | Hall - D

Time	Topic	Speaker	Chairperson
09.00 to 10.10 AM	Oral Presentation - SESSION 2		
10.10 to 11.20 AM	Oral Presentation - SESSION 4		
11.20 AM - Tea Break & Networking			
11.30 to 12.00 PM	Keynote: Hall A		
12.00 to 12.40 PM	Oration: Hall A		
12.40 to 01.30 PM	Oration: Hall A		
01.30 PM - Lunch and Networking			



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Day 2 | 23rd October (Friday) | Hall - D

Time	Topic	Speaker	Chairperson
02.15 to 03.15 PM	Special Symposium : Growth		Dr. Rashi Agarwal Dr. Prem Pattidar
02.15 to 02.30 PM	The child with tall stature	TBD	
02.30 to 02.45 PM	The short normal child	Dr. Soumya Kurup	
	The child with disproportionate		
02.45 to 03.00 PM	short stature: What can an	Dr. V. Srinagesh	
	endocrinologist do?		
03.00 to 03.15 PM	Discussion		
03.15 to 4.15 PM	Special Symposium : Puberty		Dr. Shaila Bhattacharya Dr. Achouba Singh
03.15 to 03.30 PM	Pubertal induction in Turners	Dr. Sridevi P	
	syndrome		
03.30 to 03.45 PM	Management of puberty in CAH	Dr. Arundhati Das Gupta	
03.45 to 04.00 PM	Management of peripheral	Dr. Mini G Pillai	
	precocious puberty in boys		
04.00 to 04.15 PM	Discussion		
04.15 to 05.00 PM	TBD		
05.00 PM	Alumni Reception		

Day 3 | 24th October (Saturday) | Hall - A

Time	Topic	Speaker	Chairperson
09.00 to 09.40 AM	Clinical Case Seminar : Metabolic Dysfunction in Shift workers	Dr. Kaushik Biswas Dr. Kalpana Dash Dr. Shehla Sheikh Dr. DC Sharma Dr. Shinjan Patra	
09.40 to 10.20 AM	Clinical Case Seminar : Endocrinopathies of Bone	Dr. Harsha Pamnani Dr. Subash Yadav Dr. Radhika Jindal Dr. Chaitanva Buva TBD	
10.20 to 10.50 AM	Plenary: When thyroid function tests do not make sense?	Dr. Mark Gurnell	Dr. S. Sridhar Dr. Raman Boddula
10.50 to 11.20 AM	Plenary: SGLT-2i and GLP-1RA in type 1 diabetes	Dr. Pankaj Shah	

11.20 AM - Tea Break & Networking



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Day 3 | 24th October (Saturday) | Hall - A

Time	Topic	Speaker	Chairperson
11.30 to 12.00 PM	Keynote Lecture: Paracrine crosstalk among islets in glucose homeostasis	Dr. Rohit Kulkarni	Dr. Jamal Ahmad Dr. Rajeev Kasliwal
12.00 to 12.40 PM	Oration 3: MMS Ahuja Oration	Dr. R. Goswami	Dr. Shashank Joshi Dr. Ganapathi Bantwal
12.40 to 01.30 PM	Oration 4: Presidential Oration	Dr. Kaushik Pandit	Dr. Narendra Kotwal Dr. AH Zargar
01.30 to 02.15 PM - Lunch and Networking			
02.15 to 03.15 PM	Special Symposium : Diabetes & Women		Dr. Manoj Kumar Reddy Dr. Anulekha Mary John
02.15 to 02.30 PM	Heart failure in women with Diabetes	Dr. Saptarshi Bhattacharya	
02.30 to 02.45 PM	Perimenopause and diabetes outcomes	Dr. Chitra Selvan	
02.45 to 03.00 PM	Transgenerational Imprinting and Diabetes in pregnancy	Dr. Parjeet Kaur	
03.00 to 03.15 PM	Discussion		
03.15 to 04.15 PM	Special Symposium : Potpourri		Dr. Anirban Majumdar Dr. Ajay Agarwal
03.15 to 03.30 PM	Abnormal Handling of High Energy Intake and Diabetes Risk among Indians	Dr. SV Madhu	
03.30 to 03.45 PM	Can AI be a partner not a threat to endocrine care: an experiential insight	Dr. Sunil M Jain	
03.45 to 04.00 PM	Female sexual Dysfunction: What every Endocrinologist should know?	Dr. Mahesh DM	
04.00 to 04.15 PM	Discussion		
04.15 to 05.10 PM	Special Lipid Symposium:		Dr. Pitambar Prusty Dr. Pradip Mukhopadhyay
04.15 to 04.30 PM	Post Statin Therapies in High Risk CVD : an updated	Dr. KVS Hari Kumar	
04.30 to 04.45 PM	Apo B as a residual risk marker in Diabetes and CVD : Clinical implications	Dr. Mathew John	
04.45 to 05.00 PM	Familial Dyslipidaemia causing increased CV risk: Recognition Testing and Care	Dr. Ravi Kumar Padala	
05.00 to 05:10 PM	Discussion		



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Day 3 | 24th October (Saturday) | Hall - B

Time	Topic	Speaker	Chairperson
09.00 to 09:40 AM	Clinical Case Seminar : Challenging Prolactinomas	Dr. Sunetra Mondal Dr. Ashu Rastogi Dr. Ganesh HK Dr. Udhay Phadke Dr. Preyander Thakur	
09.40 to 10.20 AM	Clinical Case Seminar : Endocrine drug abuse in sports medicine	Dr. Sanjay Saran Dr. Ramamohan MV Dr. Madhukar Mittal Dr. Sagar Reddy Dr. Aneez Joseph	
10.20 to 10.50 AM	Plenary: Hypogonadism and Obesity: A Shared Metabolic Axis?	Dr. Nelly Pitteloud	Dr. Sujoy Majumdar Dr. Nilakshi Dekha
10.50 to 11.20 AM	Plenary: Diagnosis and treatment of Female Hypogonadism: Perspectives from 3 recent guidelines	Dr. Richard Quinton	
11.20 AM - Tea Break & Networking			
11.30 to 12.00 PM	Keynote: Hall A		
12.00 to 12.40 PM	Oration: Hall A		
12.40 to 01.30 PM	Oration: Hall A		
01.30 to 02.15 PM - Lunch and Networking			
02.15 to 03.30 PM	Industry Symposium : Novo Nordisk		
03.30 to 04.30 PM	Special Symposium MASLD		
03.30 to 03.45 PM	FIB-4 as screen for MASLD progression - a critical review	Dr. Soumik Goswami	Dr. Kishore Behera Dr. Devadharshini Sahoo
03.45 to 04.00 PM	MASLD and Diabetes: A bidirectional impact	Dr. Satyam Chakraborty	
04.00 to 04.15 PM	Anti-Diabetic Drugs and MASLD: Evidence and Position	Dr. Joseph Pappachan	
04.15 to 04.30 PM	Discussion		



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Day 3 | 24th October (Saturday) | Hall - B

Time	Topic	Speaker	Chairperson
04.30 to 05.30 PM	Special Symposium : Endocrine Tumour Challenges		Dr. B. Jeyakumar Dr. Sharvil Gadve
04.30 to 04.45 PM	Iodine non-avid thyroid cancer	Dr. Arun Menon	
04.45 to 05.00 PM	Pregnant woman with a prolactinoma increasing in size during pregnancy	Dr. Subhankar Chowdhury	
05.00 to 05.15 PM	High risk follicular thyroid cancer	Dr. Ipsita Mishra	
05.15 to 05.30 PM	Discussion		

Day 3 | 24th October (Saturday) | Hall - C

Time	Topic	Speaker	Chairperson
09.00 to 10.20 AM	Special Symposium :		
09.00 to 09.20 AM	Vitamin D measurement and techniques - clinical significance	Dr. Raman Marwaha	Dr. V.S. Shekhawat Dr. Khushboo Agarwal
09.20 to 09.40 AM	Type 5 Diabetes - Undernutrition - A year ahead of conception - understanding and clinical perspectives	Dr. Nihal Thomas	
09.40 to 10.00 AM	Hypothyroidism in Downs Syndrome	Dr. Sujoy Ghosh	
10.00 to 10.20 PM	Discussion		
10.20 to 10.50 AM	Plenary: Neuroendocrine tumors in 2026	Dr. Ashley Grossman	Dr. Viveka Jyotsna Dr. SR. Patnaik
10.50 to 11.20 AM	Plenary: Diabetes Insipidus: State of the art	Dr. Hiroshi Arima	

11.20 AM - Tea Break & Networking

11.30 to 12.00 PM	Keynote: Hall A
12.00 to 12.40 PM	Oration: Hall A
12.40 to 01.30 PM	Oration: Hall A

01.30 to 02.15 PM - Lunch and Networking



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Day 3 | 24th October (Saturday) | Hall - C

Time	Topic	Speaker	Chairperson
02.15 to 03.15 PM	The Endocrinology of Prevention		
02.15 to 02:30 PM	Screening and Case finding in women with PMOS across the life span: Evidence and Recommendations	Dr. Sambit Das	Dr. Sridhar Chitturi Dr. Arun Kumar Choudry
02.30 to 02.45 PM	Prediabetes: A Disease, a Risk State or an Opportunity for Prevention?	Dr. A.K. Das	
02.45 to 03.00 PM	What are long term risks of GDM and what should be our approach from post-partum to end of life?	Dr. Jayashree Swain	
03.00 to 03.15 PM	Discussion		
03.15 to 04.15 PM	Special Symposium : Inflammation and Endocrine Dysfunction		Dr. Dina Srestha Dr. Arindam Ray
03.15 to 03.30 PM	Tuberculosis and Endocrine Dysfunction : an update	Dr. Ganpathi Bantwal	
03.30 to 03.45 PM	Endocrine dysfunction in viral disorders	Dr. Joe George	
03.45 to 04.00 PM	Cortisol and Sepsis: Current Concepts and Clinical implications	Dr. Beatrice Anne	
04.00 to 04.15 PM	Discussion		
04.15 to 05:15 PM	Industry Symposium : Eli Lilly		

Day 3 | 24th October (Saturday) | Hall - D

Time	Topic	Speaker	Chairperson
09.00 to 10:00 AM	Oral Presentation - SESSION 6		
10.00 to 11.30 PM	AR Seth Award session		
11.30 to 12.00 PM	Keynote: Hall A		
12.00 to 12.40 PM	Oration: Hall A		
12.40 to 01.30 PM	Oration: Hall A		
01.30 to 02.15 PM - Lunch and Networking			
02.15 to 03:15 PM	Endocrine Quiz Finals		
03.15 to 04:00 PM	Clinico-Pathological Conference (CPC)		
	Clinical Discussant: Dr. Anil Menon	Dr. Rajeswari. J	
	Pathology Discussant: Dr. Uma Nahar	Dr. Sailesh Lodha	
04.00 to 05.00 PM	Oral Presentation - SESSION 5		





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Day 4 | 25th October (Sunday) | Hall - A

Time	Topic	Speaker	Chairperson
09.00 to 09.30 AM	Debate: Are we over treating Gestational diabetes?		
	Yes	Dr. Yashdeep Gupta	
	No	Dr. Gagan Priya	
	Balanced View	Dr. Binayak Sinha	
09.30 to 10:30 AM	Special Symposium : Controversies in Diabetes		Dr. N. Sudhakar Rao Dr. K. Vamshi Krishna
09.30 to 09.45 AM	GDM Clusters and their implications for clinical care	Dr. Sandhya Jalapu	
09.45 to 10.00 AM	Prevention of T1DM: Are we investing in a white elephant?	Dr. Deepak Khandelwal	
10.00 to 10.15 AM	A reappraisal of the role of Metformin in Diabetes	Dr. P K Jabbar	
10.15 to 10:30 AM	Discussion		
10.30 to 11.30 AM	Special Symposium : Diabetes in the young		Dr. Parag Agarwal Dr. Ankush Desai
10.30 to 10.45 AM	Who should I test for a monogenic form of diabetes : an update	Dr. Rana Bhattacharjee	
10.45 to 11.00 AM	T2DM in the Young: What is different?	Dr. Jayabhanu Kanwar	
11.00 to 11.15 AM	Pancreatic diabetes	Dr. C Shivaprasad	
11.15 to 11.30 AM	Discussion		
11.20 AM - Tea Break & Networking			
11.45 to 12.15 PM	Panel Discussion: What have we learnt from patients?	Dr. Manjunath PR Dr. AH Zargar Dr. Prakash Keshwani Dr. Dileep Kumar. K Dr. Anirban Sinha	
12.15 to 01:15 PM	Special Symposium : Technology		Dr. Sailesh Pitale Dr. Nibu Domnic
12.15 to 12.30 PM	The closed insulin loop: What are the nuances?	Dr. Arutchelvam Vijayaraman	
12.30 to 12.45 PM	Multi-hormonal pumps: The future of diabetes care?	Dr. Subhash Wangnoo	
12.45 to 01.00 PM	Is the AI bubble about to burst and what are its implications for Endocrinology?	Dr. Om Lakhani	
01.00 to 01.15 PM	Discussion		
01.15 to 01.30 PM	Valedictory		
01.30 to 02.15 PM - Lunch and Close			



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Day 4 | 25th October (Sunday) | Hall - B

Time	Topic	Speaker	Chairperson
09.00 to 09.30 AM	Debate : Micropapillary Cancers should undergo surgery?		
	Yes	Dr. Dhalapathy Sadacharan	
	No	Dr. Subramanian Kannan	
	Balanced View	Dr. Narendra Kotwal	
09.30 to 10.30 AM	Special Symposium : The Neuroendocrinology of Eating		Dr. Mayur Mehta Dr. Sunil Ambulkar
09.30 to 09.45 AM	Eating as a reward and its neuroendocrine correlates	Dr. Murali Ganguri	
09.45 to 10.00 AM	Pharmacologic dissociation of reward eating: How does it happen?	Dr. Thushant Thomas	
10.00 to 10.15 AM	Can the mind be trained to act like GLP1-RA?	Dr. Sameer Agarwal	
10.15 to 10.30 AM	Discussion		
10.30 to 11.30 AM	Special Symposium : Hormone Curiosities		Dr. Anupam Biswas Dr. Gayathri
10.30 to 10.45 AM	Metabolic dysfunction at menopause: How does it happen?	Dr. Nalini Kopalle	
10.45 to 11.00 AM	The Endocrinology of Longevity	Dr. Basavaraj	
11.00 to 11.15 AM	Is there a hormonal fountain of youth and can we make a cocktail of it?	Dr. Abhay Sahoo	
11.15 to 11.20 AM	Discussion		
11.20 AM - Tea Break & Networking			
11.45 to 12.15 PM	Panel Discussion : Ethical and Legal Challenges in the patient with gender dysphoria	Dr. Anirban Majumdar Dr. Debmalaya Sanyal Dr. Mithun Bhartia Dr. Suja Kumar Dr. Vishnu Vasudevan	
12.15 to 01.15 PM	Special Symposium : Endocrine Emergencies		Dr. Shyam Sundar C.M. Dr. Antresa Jose
12.15 to 12.30 PM	Pituitary apoplexy	Dr. Lavanya	
12.30 to 12.45 PM	Adrenal crisis	Dr. Belinda George	
12.45 to 01.00 PM	Thyroid storm	Dr. Anantharaman	
01.00 to 01:15 PM	Discussion		
01.15 to 01.30 PM	Valedictory Hall A		
01.30 to 02.15 PM - Lunch and Close			



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Day 4 | 25th October (Sunday) | Hall - B

Time	Topic	Speaker	Chairperson
09.00 to 09:30 AM	Debate : Do target HbA1c matter anymore?		
	Yes	Dr. Pankaj Singhania	
	No	Dr. Ravishankar Erukalapati	
	Balanced View	Dr. KAV Subrahmanyam	
09.30 to 10:30 AM	Special Symposium : Disorders of Calcium		Dr. Abyuday Verma Dr. Philip Finny
09.30 to 09.45 AM	Does asymptomatic hyperparathyroidism exist in India?	Dr. Sanjay Bhadada	
09.45 to 10.00 AM	Management of autoimmune hypoparathyroidism : New vistas	Dr. Ravinder Goswami	
10.00 to 10.15 AM	Disorders of Calcium sensing : an update	Dr. Simon Pearce	
10.15 to 10:30 AM	Discussion		
10.30 to 11:30 AM	Special Symposium : Osteoporosis		Dr. Sudagani Jaidev Dr. Vasireddy Nayana Tara
10.30 to 10.45 AM	Osteoporosis across the decades: Who should get what?	Dr. Ambrish Mithal	
10.45 to 11.00 AM	Recurrent fragility fractures on bisphosphonate therapy	Dr. Thomas Paul	
11.00 to 11.15 AM	Fracture Risk Scores : A relook at their utility in clinical practice	Dr. Lakshmi Nagendra	
11.15 to 11:30 AM	Discussion		
11.20 AM - Tea Break & Networking			
11.45 to 12.15 PM	Panel Discussion : Endocrine dysfunction in Older adults	Dr. Rabindra Mehrotra Dr. RV Jayakumar Dr. Sushil Gupta Dr. SK Sharma Dr. Jaideep Khare	
12.15 to 01:15 PM	Special Symposium : Water and Sodium		Dr. Anusha Handral Dr. Hema Venkataraman
12.15 to 12.30 PM	SGLT2 inhibitors and SIADH : an evidence overview	Dr. Sailaja A	
12.30 to 12.45 PM	Dilutional hyponatremia : a new look at an old disease	Dr. Kavya Jonnalagadda	
12.45 to 01.00 PM	Cerebral Salt Wasting: Insights	Dr. Aneesh Ghosh	
01.00 to 01.15 PM	Discussion		
01.15 to 01.30 PM	Valedictory Hall A		
01.30 to 02.15 PM - Lunch and Close			



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REGISTRATION FORM

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Title: Dr ☐ Prof ☐ Mr ☐ Mrs ☐ Ms ☐

First Name: _____ Last Name: _____ Gender: ☐ Male ☐ Female

Address: _____ City: _____ Pin Code: _____

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Mobile: _____ Email: _____ Med Council Reg No: _____ State: _____

Category	Up to 15th April 2026	16th April - 30th Sept. 2026	1st October - Spot Registration
ESI Member	☐ ₹ 8000	☐ ₹ 12000	☐ ₹ 15000
Non-member	☐ ₹ 10000	☐ ₹ 15000	☐ ₹ 20000
PG Student	☐ ₹ 6000	☐ ₹ 10000	☐ ₹ 12000
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International Delegate	☐ \$ 200	☐ \$ 400	☐ \$ 600

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- N.B:** 1.Post-graduates should furnish a proof of his/her status from the Head of department/Institution.
2.Payments may be made in DD/Cheque payable at Puducherry in favor of "ESICON 2026 CHENNAI".
3.Cancellation of registration is permitted only up to 1st October 2026. 50% of the registration fee will be refunded only after the conference.
4.Registered delegates are entitled for attending Scientific Sessions, Inaugural programme, Trade exhibition, Lunches/Dinners and a Delegate kit.
5.Rights of admission reserved.

Signature & Stamp

Kindly send the duly filled form at the below address:

Conference secretariat: **Arka Center for Hormonal Health Pvt Ltd**
5/2, First Avenue, Sastri Naga, Adyar, Chennai - 600 020. | Mobile: 94980 41000
Email: esicon2026@gmail.com | Website: www.esicon2026.com

